

gkfn ; /sf/
; 3lo dfdlnf tyf :yfglo lj sf; dGqfno
lhNnf lj sf; ; ldltsf]sfofho
; kt/L, /fhlj /fh

IznaGbl afihkq÷b/efj-kq cfJxfg ; DaGwl ; Rgf

-kyd k6s k\$flzt ldlit @)&#÷)@÷@* _

:yfglo :jfoQ zf; g Pq @)%% tyf lgodfjnl @)%^ -; zfvlg ; lxt_ sf]lgod @)& df Joj:yf eP
adflhd o; lh=j =:sf]lqflwsf/ leq kg]lgDg lzif\$X?df rfn' cf-j = @)&#÷) &\$ sf]nflu 7\$sf aGbf] :t
ug{kg]ePsfih]OR5s AolQm kmd{jf sDkglx?af6 cf-cfknyf]kmd\$]gjls/of ePsf]kdf0f kq, dNo clea[4
s/ btf{kdf0fkq tyf cf-j = @)&!÷) &@ ; Dd s/ lt/\$]kdf0ft kltnlkx? kZ u/l lgDg zt{?sf]clwgdf
/xl tkl; n adflhdnsf]ldlt, ; do / :yfgdf 5\$5\$}IznaGbl afihkq÷b/efp-kq kZug{#} -tl; _ lbg]of
; Rgf k\$flzt ul/Psf]5 .

tkl; n

7\$sf g÷	7\$sf lj j /of	krf/d b:t/	GoGtd c\$?= -Eof6 afx\$ _	s]knot
!	s]if h6o 7\$sf	!)))÷-	\$^,)))÷-	
@	kz' rfkfof, kzsf]xf8, l; u, v/ / klfhGo ; fdg lgsf; L s/ p7fpg]7\$sf	!)))÷-	!^,*#,))))÷-	
#	h8a6l lgsf; L 7\$sf	#))÷-	%,%) ,)))÷-	
\$	v8v8xl k6] lgsf; L	!)))÷-	!#,% ,)))÷-	
%	tf/3f6 glbdf 9uf rnfpg]	#))÷-	%,) ,)))÷-	
^	bxQ/ axQ/ ns8l 7\$sf	#))÷-	@,%@ ,)))÷-	
&	df5f dfg]-lhNnf e/L glbx?sf] k6s]; af/L s/ p7fpg]7\$sf M	#))÷-	* ,) ,)))÷-	
*	/fhlj /fh-; v8 ; 8s	#))÷-	! ,%) ,)))÷-	
(sgf]f-kftf]; 8s	#))÷-	%,) ,)))÷-	
!)	sNof0fk/-a; fQg ; 8s	#))÷-	%,) ,)))÷-	
!!	zDegfy-ag]gofF; 8s	#))÷-	#%,) ,)))÷-	
!@	sZxf-j]xl ; 8s	#))÷-	#\$,) ,)))÷-	

zt{?

- != of]; Rgf kyd k6s k\$flzt ePsf]ldlt{n#}cf]hbg leq dflly pNn]vt eP adflhd b:t/ lt/L o;
sfofhoaf6 afihkq÷b/efp-kq krf/fd vl/b ug{; lsg\$.
- @= kyd k6s ; Rgf k\$flzt ePsf]ldlt{n#}cf]hbg lbgf]!@)) ah]leq kmd{jf sDkgl eP Aoj ; fol
gjls/of btf{kdf0fkq, :yfol n]yf gDa/ -PAN_ s/ rQmf kdf0fkq, / AolQmsf]xsdf gkfnl gful/stf
kdf0fkqsf]5f0fKlt ; mlg /v/ gkfnl gful/s eP cfmh]safi u/\$]sh 7\$sf c\$sf]u, lj bzL
gful/s eP !)U w/f6l /sd /fli6o j fl0fHo a\$ /fhlj /fhdf /x\$]o; sfofho]w/f6l vtf g÷
u-#-#)!) df blvnf u/\$]; Ssn}a\$ efr/ jf gkfn ; /sf/af6 dfgotf kkt asA ju\$]a\$sf]
sldtdf Ps j if{Dofb ePsf]la8a08 ; mlg u/L lhj ; sf]sfofho ; kt/Ldf afihkq÷b/efp-kq btf]ug{
; lsg]5 . / w/f6l j fkt /sd gub ; mlg u/\$]ihf0{dfgotf lb0g]5g .
- #= afihkq÷b/efp-kq krf/fd ebf{cfkmh]safi u/\$]/sd c\$ / clf/ bjdf :ki6 xg]u/L pNn]v ePsf]
xg kg\$. c\$ / clf/df km/s k/df clf/df n]vPsf]ihf0{dfgotf lb0g\$. afihkqdf s]d6, bxf]f]
n]v\$]j]f l6k\$; cflb kof]v ePdf pQm:yfgdf b:tvt ugkg\$.
- \$= o; /L kg{cfPsf afihkq? #!cf]-lbgf]!@)) ah]o; lhNnf lj sf; ; ldltsf] sfofho ; kt/Ldf
afihkqbtf jf lghsf]kltlglwx?sf]/fxa/df vflng\$. ; f]; dodf afihkqbtf jf lghsf]kltlglw

pkl:yt gePdf klg afihkq=b/efp-kq vflg afwf kg5 . afihkq=b/efp-kq vl/b, btf{/ vflng] lgwfl/t lbg ; fj hlgS lj bf kg{uPdf qmdzM; DalGwt sfo? ; f\$]efhLkN6 ul/g5 .

%= afihkq=b/efp-kq :jls[ePsf]j9ldf ; ftf)lbg; Dddf 7\$sf :jls[eP gePsf] hfgsf/L lhNnf lj sf; ; ldltn]lbg5 . pOm lbg 7\$bf/ :jo+sfofnodf cf0{; f\$]; Rgf lng' kg5 . hfgsf/L lng pkl:yt gePdf klg 7\$bf/n]; Rgf kfPsf]dfllgg5 .

^= ; Rgf kfPsf] 3/b)h)df 6fF ePsf]jf klqsdf k\$flzt ePsf]ldltn] & -; ft_ lbg leq kmd{jf sDkglSf]xsdf cfos/=d=c=s/ btf{kdf0fkq / JolQmsf]xsdf gkfnl gful/stfsf]kdfloft kltlnk ; fy}ln0{lgodfg;/ / ; Demf]f ug{o; sfofnodf cfpq' kg5 . ; f]cjlw leq ; Demf]f u/L k\$f gp7fPdf, bflvnf ugkg]/sd bflvnf gu/df, hdfgl j fkt a\$ lof/06L -k/km/dq; a08_ lbg g; sdf lgodfg;/ / w/f6L hkmt ul/g5 .

&= 7\$bf/ cfknh]safh u/\$]sh /sd tlg ls:tfdf aemfpg' kg5 . klxnf]ls:tf cfknh]safh u/\$] sh 7\$sf /sdsf]\$)U kltztn]xg cfpq]/sd Psdl6 hddf u/L ; Demf]f ug{kg5 / af6L ^)U kltzt /sd b0{ls:tfdf aemfpg' kg5 . bf]f]ls:tfdf safh c\$sf]#)U kltztn]xg]/sd @)&# ; fn kf]f d; f6t leq / af6L #)U kltztn]xg]cl6td ls:tf @)&# ; fn r0 d; f6t leq aemf0{ ; Sgkg5 . ; Demf]f ubf{pOm bf]f]/ t}f]ls:tf jfktsf]^)U kltztn]xg cfpq]/sd a/fa/sf] slDtdf @)&\$; fn cf]Zjg d; f6t ; Dd cjlw ePsf]/ o; sfofnosf]gfddf hf/L ul/Psf]gkfn ; /sf/af6 dftotf kkt .sl au\$]a\$]a\$ lof/06L -k/km/dq; a08_ kZ ug{kg5 .

*= kfF nv ?k0F; Ddsf]safh /sd Psdl6 hddf ugkg5 . Psdl6 hddf gug\$]f]7\$sf ; Demf]f xg5 / pOm safh /sddf sg}56 kf0g]5 . kfF nv e6f a9l safh ugh]pkoQm bkni & cg;/ / tlg ls:tf u/L /sd aemfpg kf0g5 . ; fy}Psdl6 hddf u/df :yfglo lgsfo -cf=kZ lgodfjnl adf]hd cfrTo x]l a9ldf !)% ; Dd 56 lb0g5 . Psdl6 hddf ugh]f0{a\$ lof/06L cfjZos kg5 . 7\$sf cjlw @)&# >j0f ! ut]b]v @)&\$ ciff9 d; f6t ; Dd dflgg]5 / 7\$bf/n] safh u/\$]c\$nf0{7\$sf :jls[ldltaf6 bdf; fxln]xg]/sd s\$ ul/ af6L /sd a6f g=& adf]hd aemfpg' kg5 . ls:tfabldf aemfpg]7\$bf/n]w/f6L /sd ls:tfdf ldnfg ug{kf0g]5 .

(= tflsPsf] ; dodf ls:tf /sd gaemPdf kZ ul/Psf] k/km/dq; a08÷a\$ lof/06L÷wghdfglaf6 ; Demf]f cg;/sf]7\$sf /sd c; h pk/ ul/g5 . o; df 7\$bf/n]sg]lsl; dsf]xhf0f bjl ug{kfpq] 5 .

!)= lgodfg;/ / nflg]cfos/ tyf dNo clea[4 s/ 7\$bf/ cfknh]aemfpg' kg5 . ; f]afx\$ gkfn ; /sf/ jf :yfglo lgsfonf0{kflnt P0, lgodfg;/ / aemfpgkg]c6o s/, b:t/, zNs cflb ; a}7\$bf/ :joM] aemfpg' kg5 . pOm/sdx? 7\$sf /sdaf6 s\$ ug{kf0g]5 .

!!= zt{; lxt kZ ePsf] /lt gkul jf Dofb gf3L cfPsf] 60ytd 7\$sf c\$ e6f 36l safh u/\$]snf] ; lrdf k/\$]AolQm jf kmdaf6 kkt ePsf]/ o; sfofhoaf6 kdfloft gePsf]afihkq=b/efp-kqnf0{ dftotf lb0g]5 .

!@= s/, b:t/ / zNs p7fpg k0f] xg]/l; bx? 5\$5\$}7\$sf]nflu cnu-cnu ?kdf @ klt ePsf]/l; b 7\$bf/ cfknh]5kf0{; fdf sfofnosf]5fk / sfofho kdv jf ; DaGwt zfvfsf]sdcf/laf6 kdfloft u/f0{; f\$]cleny sfofnodf /fv] dfq b:t/ / ; jf zNs p7fpg k0f]df Nofpg' kg5 .

!#= o; sfofnonf0{aemfpgkg]7\$sf /sd a6b, cfdx8tfn, gfsfabl, rSsfhd h:tf ck]ofl; t 36gf jf c6o sg]klg sf/0f b]y0{ldgxf dfknl dfu ug{kf0g]5 .

!\$= 7\$sf cjlwdf 7\$bf/n]7\$sf t\$g kfpq]5 . sydsbflrt lj r0f 7\$bf/n]7\$sf t\$df lghaf6 c; h xg af6L /sddf !)U kltzt Jofh hf6L c; h pk/ ul/g5 . o; /L 7\$sf tfl8g u0{af6L cjlwsf]nflu 7\$sf jf c6o Joj :yf ubf{lghn]safh u/]e6f sd /sd p7g uPdf ; f]sd /sd klg k] {7\$bf/af6}; /sf/L af6L ; /x c; h pk/ ul/g5 .

!%= 7\$sf ; DaGwdf sg]klg lsl; dsf]ljfb ePdf kflnt sfg0sf]kl/lwleq /xl lhNnf lj sf; ; ldl t ; kt/Ln]u/\$]lg0f6 cl6td xg5 .

- !^= ksf rmgkhlđf plny ePsf dfna:t' / b//sf]klts h xg]u/l s/, b:t', zNs p7fpg, bxf]f]s/ Ing / sfggãf/f lgif]wt ; fdfg / :jbzl pBf]udf kof]u xg]lj bžaf6 k7f/L ePsf sRrf kbfyđf sg} s/ b:t' Ing kf0g]5đ . tflsPsf]b//đ eGbf a9L InPdf jf bxf]f]s/ p7fPsf]7x/đf ; Dačwlt JolQm=kmd{sDkglnf0{pQm /sd lkmtf{lbg' kgđ / hl/jfgf ; d] xgđ . To; kl5 klg kđM To:tf] sfox? bxf]f]Pdf sfof]on]7đsf tđđg] ; Ddsf]hg; s}lg0f6 ug{; Sgđ .
- !&= lhNnf lj sf; ; ldltnf0{aSoftf /sd aemfpg afēL ePsf JolQm kmd{jf sDkgl / ; f] kmd{jf sDkglSf JolQm jf kltlgwx? ; ãlg sg}klg kmd{jf sDkglnf0{aSoftf /sd gaemfP; Dd afhkq dNofsgdf ; dfj ž ul/g]5đ .
- !*= k6s]; jf/l s/ c; h ubf{Pstkm{dfq c; h ug{kf0gđ .
- !(= ; Ddf]gt cbint, gkfn ; /sf/sf]gllt, lgbžg tyf cfbžsf]kfnf ug{u/fpg' / nfu"ug{lhlj ; / 7đđf/sf]st{fo xgđ . gllt lgbžg jf cfbžsf]kfnf sf/0faf6 sg}lflit, xfgl gfđ; fgl xg uPdf lfltkl't{kf0g]5đ .
- @)= sg}klg s/, zNs c; h pk/ ug{/fli6 /fhdfu{/ ; xfos /fhdfuđf 9f6 jf tuf/f]/fv l s/ zNs c; h pk/ ug{kf0gđđ . ; sng s{baf6} s/ ; sng ug{kf0gđ . o;/l s/ ; sng ug{v16Psf JolQm?sf]kmđf]; lxtsf]kl/ro-kq lh=j=; =af6 kđfl0ft u/f0{dfq s/ ; sng ug{nufpg' kgđ . s/ ; snsx?n]clgafo{Pk]đ kof]u ug{kf0gđ .
- @!= s/ ; sng ; Dačwlt ; Dkof{ljj /of ; dfj ž ePsf]; Ĩgf kf6L 7đđf/ ; jodn]tof/ u/l ; sng s{bdf clgjfo{?kdf /fv' kgđ .
- @@= of]; Ĩgf / afhkq=b/efp-kq kmf/fddf plny ePsf s/fx?df To; }adflnd / o; df plny gePsf s/fx?sf] xsdf :yfglo :jfoQ zf; g Pđ @)%%, lgodfj nl @)^ -; žfv]g ; lxt_ :yfglo lgsfo cflyđ kžf; g lgodfj nl @)^\$ / cġo křInt sfgđ adflnd xgđ .
- @#= s/ b:t'/sf]b//sf]lj :t] ljj /of afhkq=b/efp-kq kmf/fd ; fy křkt ug{; lsgđ .
- @\$= 7đsf ; Dem]f kZrft dfq 7đsf gkgđf]7đsf jfkt /fvđf]w/fđL /sd lkmtf{xgđ .
- @%= dfly pln]vt zt{x? afxđ cġosf] xsdf křInt sfgđ adflnd xgđ / 7đsfsf cġo zt{x? ; Dem]f]sf ; dodf lgvf/t xgđ .
- @^= 7đsf :jls] ug]jf gug]; Dkof{clwsf/ o; sfof]odf lglxt /xgđ .
- @&= gkfn ; /sf/, lhNnf lj sf; ; ldltn]; do-; dodf lbPsf]gllt lgbžg tyf cfbžx?sf]kfnf 7đđf/n] ug{kf0gđ .
- @*= o; ; Dačwlt lj :t] ljj /of sfof]osf]; Ĩgf kf6Ldf xđ{jf sfof]osf]Website: www.ddcsaptari.gov.np df xđ{; lsg]5 .

- :yfglo lj sf; clwsf/l